

Grocery List September 9, 2012 Price Chopper

Produce	Dairy	Meat	Canned Foods	Frozen
PC Carrots PC Onions 2 Lb. BOGO FREE	Dannon Light & Fit Yogurt \$2.00 Use \$1/1 \$1	Angus Beef Bottom Round Roast \$2.99 lb.	Del Monte Vegetables \$1 Use \$1/4 \$.75 ea.	Birds Eye Steamfresh Rice and Vegetables BOG2 FREE \$1.99 \$.30/1 www.birdseye.com \$.46 Each
	*Yoplait Simplait Yogurt \$.50 \$.30/1 www.coupons.com FREE	Boneless Center Cut Pork Chops BOGO FREE	Campbell's Condensed Soups 4/\$3 Use \$1/5 http://www.campbellskitchen.com/coupon.aspx	Jones Dairy Farm All Natural Sausage Links or Patties BOGO FREE \$2.79 Use \$1/1 http://coupons2.smartsource.com/smartsource/index.jsp?Link=2ANJED5COJMZU \$1.79 for both
	*Yoplait Fruplait Yogurt Multipacks \$2.50 Use \$.50/1 www.coupons.com \$1.50	Hatfield Smoked Bacon. BOGO FREE	*Progresso Beans BOGO FREE - \$1.39 Progresso Breadcrumbs BOGO FREE	New York Brand Frozen Bread \$2.50 Use \$1/2 Use \$.50/1 Use \$.40/1 \$1.50
	*Pillsbury Refrigerated Grands! or Grands! Jr. Biscuits \$1.25 Use \$.40/3 www.coupons.com Use \$1/3 http://www.bettycrocker.com/coupons-promotions/coupons/default Use \$.30/2 \$.95 ea.	All Price Chopper Chicken 40% off	Progresso Rich and Hearty Soups \$1.50 Use \$1/4 http://progresso.com/coupons-and-promotions Use \$1/4 \$1.25 ea.	

			<p>*Progresso Recipe Starters Cooking Sauce \$1.50 Use \$.50/1 www.coupons.com Use \$.50/1 http://progresso.com/coupons-and-promotions Use \$1/2 Use \$.65/1 http://bricks.coupons.com/Start.asp?bt=vg&tqnm=xieemi6749480&o=104153&pt=&lang=&ws=&ct=&ci=1&cl=&cp=&eb=1&c=GM&p=3110&z=&r=&pc=&tc= Use \$.50/1 Use \$.50/1 Use \$.50</p>	
	Garelick Milk 2/\$5 W/In Ad Coupon	Hatfield Pork Tenderloin BOGO FREE Use \$1/1 www.Hatfield.com		
Sweets & Snacks	Bakery	Bread/Cereal	Dry Food	Condiments
Dove Singles Chocolate Bar - \$89 Use \$.50/2 www.Coupons.com \$.39	Blueberry Super Muffins 4 Pack BOGO FREE	Thomas English Muffins Half Price \$1.99	Knorr Rice or Pasta Side - \$1.00 Use \$.50/2 www.target.com	Pompeian Vinegar Half Price \$1.49 Use \$.50/1 www.smartsource.com Use \$1/1 http://coupons2.smartsource.com/smartsource/operations/offers/Pompeian/PompeianCoupons.html \$.49
*Betty Crocker Fruit Snacks 5/\$10 w/ in ad coupon	Entenmann's Cakes, Danishes or pastries BOGO FREE	Simply Bread of Freihofer's Split Top Bread BOGO FREE - \$3.99	*Old El Paso Seasoning 25% off \$0.82 \$.50/1	Kraft Seven Seas Salad Dressing Half price

<p>Use \$.50/2 www.coupons.com Use \$1/2 http://www.pillsbury.com/coupons-promotions Use \$.75/2 \$1/2 \$1.25 ea.</p>			<p>www.coupons.com (zipcode 77477) FREE</p>	<p>\$1.49 Use \$1/2 www.smartcourse.com \$.99 ea.</p>
<p>*Nature Valley Granola Bars or Nature Valley Granola Thins - \$3.00 Use \$.50/1 www.coupons.com Use \$.50/2 Use \$.75/3 Use \$1/2 \$2</p>	<p>*Betty Crocker cake mix - \$1.19 *Betty Crocker Box Muffin Mix, Cinnamon Toast Crunch Muffin Mix, or Cocoa Puffs Muffin Mix \$2.99 \$50/1 www.coupons.com \$1.99</p>	<p>*Cheerios Cereals 5/\$10 w/ in ad coupon Use \$1/2 www.coupons.com Use \$1/2 Use \$1.10/2 http://www.pillsbury.com/coupons-promotions \$1.50 ea.</p>	<p>*Old El Paso Taco Shells 25% off \$1.64 USE \$.50/1 Use \$.60/3 www.coupons.com \$.64</p>	
<p>*Chex or bugles - \$2.00 Use \$.50/1 www.coupons.com \$1</p>	<p>*Betty Crocker Cookie Mix \$2 Use \$.50/1 www.coupons.com Use \$.75/2 \$1.00</p>	<p>*Fiber One Cereal \$3.00 Use \$.50/1 Use \$1/2 Use \$.75/1 Use \$1.10/2 http://www.boxtops4education.com/earn/clip/coupons.aspx \$1.50</p>	<p>*Hamburger Helper \$1.50 Use \$.75/3 www.coupons.com Use \$.75/3 Use \$.75/3 \$1.00 ea</p>	
<p>Lay's snack bags 20 Ct. \$6.99 Get FREE PC Family Size Bread (2 pk) W/ In Ad Coupon</p>			<p>Ronzoni Pasta \$1</p>	
			<p>Prego \$.89</p>	

Beverages	Health /Beauty	Cleaning	Paper	Miscellaneous
Pepsi 2 Liters 4/\$4 W/In Ad Coupon				Tetley Tea Half price \$1.99 Use \$.50/1 http://www.tetleyusa.com/Promotions_Coupons.php \$.99
			Price Chopper Tall Kitchen Bags BOGO FREE \$2.99	

General Mills Deal Scenario -
Buy 4 Old El Paso Taco Seasonings \$0.82 ea. - \$3.28
Buy 3 Chex Mix \$2.00 ea. = \$6
5 Cheerios - any flavor - \$10
Buy 8 Yoplait Simplait Yogurts \$0.50 ea. = \$4
2 Yoplait Go-Gurts \$2.50 ea. - \$5

Use:
4 \$.50/1 Old El Paso www.coupons.com
3 \$.50/1 Chex www.coupons.com
2 \$1.10/2 Cheerios www.coupons.com
4 \$.30/1 Yoplait Yogurt www.bettycrocker.com
4 \$.40/1 Youplait Yogurt www.coupons.com
1 \$.75/2 Go-Gurts www.coupons.com

Add to Savingstar Account -
\$.40 for 6 Yoplait Yogurt Cups
Earn \$.50 for Chex Mix
\$.60 for 3 Old El Paso Products
\$.75 for 2 Yoplait Yogurts Go-Gurt

ONYO Coupons -
\$1 OYNO Catalina for 3 Chex Mix
\$1.75 OYNO Catalina for 3 Yoplait Fruplait Yogurts

Total with Coupons/Savingstar/OYNO - \$6.98 for \$28.28 of product!!

Spend \$10 on Unilever men's care products and get \$3.00 off w/ in ad coupon

Suave for Men Sport Deodorant - \$1.88

Dove Men & Care Body Wash, Body & Face Bar, or Active Clean Shower Tool - \$4.00

Use \$1/1

<http://bricks.coupons.com/Start.asp?bt=vg&tqnm=xdrleuh6082801&o=100214&c=UL&p=NMZ4qLah>

\$3.00

Axe Deodorant, Shower Gel, or Body Spray - \$4.00

Use \$1/1 www.coupons.com \$3.00

Vaseline Intensive Car for Men Lotion - \$5.99

Use \$1/1 <http://www.makinglifebetter.com/offers/Coupon.aspx>

\$4.99

Suave For Men Professionals Shampoo or Conditioner - \$1.88

Use \$.50/2 <http://www.makinglifebetter.com/offers/Coupon.aspx>

\$1.38 ea.

Rite Aid

Gillette Fusion, Proglide, Mach3, or Venus Razor. \$9.99

Get a \$4.00 +UP reward

Use \$4/1

Use \$3/1

\$1.99/\$2.99

Lysol Power and Free Cleaner, 4 oz. and Trigger- \$2.79

Get a \$1+UP reward

\$1.00/1 Lysol Face Book Coupon = \$.79

\$3.00/2 <http://riteaid.adperk.com/> = \$.29 ea.

Walgreens

Suave Shampoo or Conditioner \$1.00 each

Buy 2 get \$2 RR

FREE

CVS

Get \$2 Extra Bucks WYB 2 Colgate Cavity Protection, Baking Soda/Peroxide Whitening, 6.4oz, or Kids Toothpaste, 4.6oz (limit 2) - \$2.00

\$.50/1 <http://view.ed4.net/v/YBNLFGQ/VHXK/AWPWJTX/GD9W80/FORMATOVERRIDE=A>

\$1/1 Colgate Toothpaste

\$.75/1 Colgate Toothpaste

\$1/2 Colgate Manual Kids Toothbrush or Kids Toothpaste

FREE

Get \$2 Extra Bucks WYB 2 Right Guard Total Defense 5 Body Wash, 13.5oz, or Bar Soap- \$3.00

\$2/2 Right Guard Total Defense 5 Deodorant, Body Wash or Bar Soap Product

\$2.00 off 2 www.coupons.com

\$1/1 Face Book Coupon

\$1/1 Right Guard Total Defense 5 Body Wash or Bar Soap

\$1 each