

Speaker 1 ([00:00](#)):

Hey, Hey,

Speaker 2 ([00:01](#)):

Go. I'm. Well, thanks yourself. Thanks for joining me today.

Speaker 3 ([00:04](#)):

Oh, absolutely glad

Speaker 4 ([00:06](#)):

To

Speaker 2 ([00:06](#)):

Be here. I think the first question has to be what's it like being on national TV?

Speaker 4 ([00:11](#)):

Oh man. I can take this one. Uh, it's exciting and terrifying. Equal parts the same time. Yeah. Yeah. That would be my, what, what do you think?

Speaker 1 ([00:21](#)):

Yeah, I mean, it's, it's just the amount of people it takes to make those things go is pretty incredible. So it was, uh, yeah, it was an amazing experience. Every everyone loved what they did too. So I was really impressed with like the team, put it all together.

Speaker 2 ([00:35](#)):

A lot of people ask me this. So in your words, what does the name of your group mean? What does the am house?

Speaker 4 ([00:41](#)):

Zach, you should take it.

Speaker 2 ([00:42](#)):

Yeah. Zach, we wanna hear from you, Zach.

Speaker 3 ([00:44](#)):

I feel like I don't answer this one very often, so let's see if I can, if I can nail it down. When we like decided to join the band and do it full time, we all quit our jobs and we moved into a house together and we were calling at the ya house and it kind of just stuck and we had a different band name and, and it was, we were like, we don't want any legal issues with it. It was like a very generic name. And, um, we were like someone, someone mentioned, you should just name your band, ya house when you guys live. And we were like, absolutely not. And there's no way we're gonna name it that. And then after a while, we were like, you know what? We don't mind that name. And, and we decided the, the yam and ya house stands for you are me, which is our little way of trying to help everyone understand the, the golden rule. And, and especially for ourselves when we are stuck in a van together or, you know, in the

same hotel room that, um, just to treat everyone well and to, to treat everyone how we wanna be treated. And I think it helps, honestly, when we're just on the road for three months and sometimes we can get under each other's skin, but it always helps us like go back to center and, and really center ourselves on what's important.

Speaker 4 ([01:47](#)):

The whole world could go, could use like a kindergarten lesson right now on how to treat other people.

Speaker 2 ([01:52](#)):

Well, you've heard about the, uh, California kindergartners, haven't you, there's a hotline you can call where if you need just a pep talk, hit five for kindergartners and they say good things to you. Yeah. Open

Speaker 4 ([02:03](#)):

Into the public. Yep. Can

Speaker 2 ([02:04](#)):

Anybody do it? It's like a little class project. They're all doing.

Speaker 4 ([02:08](#)):

Wow. That's brilliant.

Speaker 1 ([02:09](#)):

I, I think I saw Andy Gramer post about that.

Speaker 2 ([02:12](#)):

It's pretty great. Hey, it's all, you know, that's what we need. Right. We need more people being more positive, which, which I've heard about. Y'all you're such nice guys. There has to be some sort of nonprofit or something that the band supports

Speaker 4 ([02:24](#)):

As a band. We, we, the one thing we've tried to consistently do is give back to our hometown of Hudson, which is funny. Don't don't tell the TV show, know the TV show knows are from Hudson. Yeah. Um, but we, there's a, there's a group called river valley charities that is just geared towards, um, kind of tackling food insecurity within the St. Croix valley, which be all the way over to Stillwater, Minnesota, right. Or Hudson, or, you know, just that kind of whole area, which I think the assumption is that, you know, it is definitely a, a slightly, you know, healthy income level area, but there actually is more food insecurity than I think a lot of people realize. So they've set up some really good, um, like backpack programs at the schools for kids that come to school, they, they can have backpacks full of canned goods and things to bring home and some groceries and stuff. Um, that's one consistent group that we've worked with, but in general, we just try to, uh, you know, keep our eyes open to people that are doing, uh, the best work, the most important work and just shine, whatever spotlight we have on them and throw our support that way. But river valley charity's been a semi consistent one.

Speaker 2 ([03:28](#)):

So Seth, did you just have a baby or are you waiting for the baby to arrive?

Speaker 1 ([03:32](#)):

I had just had a baby, uh, actually eight weeks ago yesterday. Lawrence is the one that's on baby watch right

Speaker 2 ([03:39](#)):

Now. Yeah. Weren't you a little worried, you know, going out to Cal LA, maybe the baby comes early.

Speaker 4 ([03:44](#)):

Yeah. I was, I, I was definitely, uh, hoping and praying that, uh, my unborn child would, would stay put, uh, in my wife's belly for a little bit longer. We actually, I got back last night and, uh, we, we, my wife, we thought her water broke last because some stuff was happening. And so we actually spent last night in the hospital, her water did not break, but it was really funny timing. It was like, the kid was like, all right, you're back. I'm coming out now. But anyways, so we're, we're definitely on high alert watch mode right now, which is crazy. Did

Speaker 2 ([04:14](#)):

You buy a little in-home trampoline so she can really work on it?

Speaker 4 ([04:18](#)):

Yeah, no, the opposite. We're just having her like lay back and keep her feet up. Make sure that baby doesn't leave for the next cause we still gotta go back to LA. I think we leave Sunday and we come back Tuesday and Kayla's actually scheduled for a C-section on Wednesday morning. So I get back from Los Angeles, Tuesday. So life's coming at me very fast right now, James.

Speaker 2 ([04:38](#)):

It's your first child.

Speaker 4 ([04:39](#)):

Yeah, definitely.

Speaker 2 ([04:40](#)):

That's even been greater then. That's just, that's so exciting. I'm real happy for you.

Speaker 4 ([04:44](#)):

I, I just, yeah, I feel like I'm drinking out of a fire hose right now of life experiences.

Speaker 2 ([04:48](#)):

What can you tell me about Michael Bolton? So what's,

Speaker 4 ([04:50](#)):

I like that he doesn't seem to take himself too seriously. He

Speaker 3 ([04:53](#)):

Did. He started to sing his song and we were like, oh, here's Michael Bolton. And then when he started hitting like those higher notes, we all were like, my God, this guy's the real deal.

Speaker 4 ([05:03](#)):

Yeah.

Speaker 2 ([05:04](#)):

It gives you boost boost gums. It gives you boost gums,

Speaker 4 ([05:08](#)):

Right?

Speaker 2 ([05:09](#)):

You perform Monday, first in the show. Woo. What happens now?

Speaker 3 ([05:13](#)):

Now it's the waiting game, which is kind of the hardest part. We just sit here in Minnesota now for like four more days, we're gonna fly back on Sunday to LA and then when, so two heirs, that's when they're gonna announce the three other artists that are gonna go through to the next round.

Speaker 2 ([05:27](#)):

Okay. Well I think it's, I think it's, it's awesome. No matter what happens, y'all win, right? Yeah. You're a winner or either way. Absolutely. Because absolutely. You're, you're getting out there more people are seeing you. Um, I do have to say that I have a request for a birthday greeting. Um, Taylor, who right now in AmeriCorps tutor at Ben Franklin turns 24. Could I get a happy birthday for

Speaker 4 ([05:47](#)):

Her? Yes. Happy birthday Taylor. I, I, if we were all synced up on our zoom, we could sing, but I'll just say from the bottom of my heart, happy birthday to Taylor, because especially being an AmeriCorps tutor is near and dear to my heart. I served in the AmeriCorps and triple C in 2013, 2014. So thank you for your service. Thank you for what you do for the world. And we wish you an amazing, another spin around the sun

Speaker 5 ([06:13](#)):

Birthday. All right.

Speaker 2 ([06:14](#)):

Well thank you for your time. And I hope we can connect at after the show next week too, cuz you all just you're you're making Minnesota proud.

Speaker 4 ([06:20](#)):

Thank you, James. That means the world with James I'm back anytime.