

James Rabe (00:00):

The girl scout troop in St. Ansgar, Iowa did something awesome the other day. And I got a hold of one of the troop leaders and one of the brownies to talk about it. Hi, it's James Rabe on YY-105FM's Early Morning Show and Sarah Nelson is with her daughter, Liv.. I caught him on vacation. So it's awesome that you were able to talk to me. Yeah,

Sarah Nelson (00:19):

We're in Wisconsin right now. I

James Rabe (00:20):

Oh yeah.

Sarah Nelson (00:22):

We're at the Kalahari.

James Rabe (00:23):

Oh, what a great place water parks are so awesome.

Sarah Nelson (00:27):

Yes. And well, it's great with no sunscreen.

James Rabe (00:30):

Oh, well, real quick. Tell me about the girl scout troop you work with. So we

Sarah Nelson (00:33):

Work with the St. Ansgar girl scout troop in St. Ansgar, Iowa it's, um, troop number 2, 238. And we have about 30 girls out this year with, um, some being Daisy's brownies and juniors. Um, we've done many different fun things throughout the year already and doing more great things with our cookie sales and getting, um, our small community involved as well as out to comfort care nurse home this last week.

James Rabe (01:03):

Yeah. That, that is what I actually wanted to talk to you about specifically how great to match the students with such a caring project.

Sarah Nelson (01:09):

Yeah. So I know the do N the director of nursing out there, and she is, has an amazing, huge heart at good Samaritan and at comfort care. And, um, she brought the idea to me as to what that would be something we'd want to do and partake in. And we said, heck yes. So it works out that they're on spring break this week and had all this week off. So we could coordinate to go there during the day to accommodate and see each and every one of the residents.

James Rabe (01:38):

So did they just walk in and drop off the cookies?

Sarah Nelson ([01:40](#)):

No. So what we did is we went in and we actually were able to visit with each of the residents and they gave 'em a coloring picture. And then, um, each resident got to pick one box of cookies that they could have at no cost to them. Thanks to, um, the staff at good Samaritan and at comfort care in Austin.

James Rabe ([01:59](#)):

Oh, they, the staff bought the cookies for the, uh, for the residents and then the girl Scouts got to deliver 'em

Sarah Nelson ([02:07](#)):

Yes. Joyful part of it's.

James Rabe ([02:09](#)):

That's really great. Yeah. Well, kudos to the staff, kudos to the, to the, the girls for getting out there and, you know, just interacting with someone from a different generation that is so good and important

Sarah Nelson ([02:23](#)):

You. Yes. And we were able to hear many different stories from some of the older generation that were girl Scouts when they were younger or were also leaders and share some of their opportunities that they had.

James Rabe ([02:36](#)):

That is great. I bet that brought back so many good memories for the residents and a great opportunity for, uh, your students and your daughter live in. Is there, you said she's a brownie.

Sarah Nelson ([02:46](#)):

She is. (Liv says) Hello.

James Rabe ([02:47](#)):

Hello li how you doing? Good. Are you enjoying the Kalari?

Liv Nelson ([02:52](#)):

Yeah.

James Rabe ([02:52](#)):

Have you gone swimming yet?

Liv Nelson ([02:55](#)):

Yeah, we just got back not too long ago from swimming.

James Rabe ([02:58](#)):

Where'd you go, like the lazy river or what?

Liv Nelson ([03:01](#)):

Um, basically everywhere.

James Rabe (03:03):

So your skin's all wrinkled is what you're saying. Yeah. Yeah. That's a good time. Tell me about visiting the nursing home. Did you have a good time with that?

Liv Nelson (03:10):

Yeah, it was really fun to see people's faces after they got 'em for free. Some people would, um, say like, um, they would be like here, lemme get my wallet. And we're like, no, no, they're for free. And then they would just start laughing joyful.

James Rabe (03:26):

Well, that's great. Did you get to hear some stories?

Liv Nelson (03:29):

Yeah, I did.

James Rabe (03:30):

Do you have one that's your favorite?

Liv Nelson (03:32):

Probably the one where, um, she said that, um, she was, um, she iron their best and their gloves, every single one in the true.

James Rabe (03:45):

That sounds like a lot of work.

Liv Nelson (03:47):

Yeah.

James Rabe (03:48):

Do, do you have to iron now?

Liv Nelson (03:52):

Uh, no,

James Rabe (03:52):

That's excellent.

Sarah Nelson (03:53):

We get to use, it's called, um, badge magic is what it is and you stick 'em on your badges and then throw your vest in it, the badges and the dryer, and then it adheres to the best.

James Rabe (04:04):

That is fantastic. Well, I appreciate you taking time out of your, uh, outta your vacation.

Sarah Nelson ([04:10](#)):

I'm happy to!

James Rabe ([04:10](#)):

Tell Liv I think she's awesome too.

Sarah Nelson ([04:13](#)):

Sounds great. Thank you. Okay.