## OLUNTEER TODAY!



## Help Families Breathe Easier! Become a Master Home Educator.

The Healthy Sustainable Homes program seeks enthusiastic volunteers to conduct free, in-home air quality assessments to help residents of Fort Collins learn about the health risks posed by common home pollutants and ways to "green" their homes.

Volunteers will participate in 20 hours of training with experts in specific areas of indoor air pollution, which has been found to be up to 70% worse than outdoor air pollution! Upon the successful completion of the training, volunteers are awarded a Master Home Educator certification and asked to contribute 20 hours conducting in-home assessments and community programs.

Spring Training Schedule: April 2,2013- April 18,2013

Tuesday, April 2,2013-Program Overview, Assessment Tool, & Communication & Behavior Change 6:30-9 PM|Community Room | 215 N Mason St

Thursday, April 4,2013-KEEP IT: Dry, Mold Free, Well Ventilated 6:30-9 PM | Community Room | 215 N Mason St

Tuesday, April 9,2013-KEEP IT: Free of Contaminants 6:30-9 PM | City Community Room | 215 N Mason St

Wednesday, April 10,2013-KEEP IT: Safe & Clean, Nature Deficit Disorder, & Local Resources 6:30-9 PM | City Community Room | 215 N Mason St

Saturday, April 13,2013-Asthma, Allergy, Water Conservation, & In-Home Assessment 9 AM-3 PM | City Community Room | 215 N Mason St

Tuesday, April 16,2103-KEEP IT: Green & Pest Free 6:30-9 PM | City Community Room | 215 N Mason St

Thursday, April 18,2013-Review, Practice, Discussion, & Graduation 6:30-9 PM | City Community Room | 215 N Mason St

To learn more about the program or schedule an interview to become a Healthy Sustainable Homes Volunteer, contact Mary Pat Aardrup at 970-416-2832, or mpaardrup@fcgov.com. Note to City of Fort Collins employees: Receive 75 wellness points for volunteering! Register through the Talent/Reward program.

